

# 2025 SEASON PROGRAM



**MARCH 22**

**CHIPPEWA VALLEY ROLLER DERBY**



**JUNE 7**

**MID-STATE ROLLER DERBY**



**[WWW.MEDCITYROLLERDERBY.COM](http://WWW.MEDCITYROLLERDERBY.COM)**



KENZ WITH BENEFHITS



KOOL AID



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SWEET N NASTY #28



THE MAD CATTER #345



THRASH PANDA #26



VELOCITY RAPTOR #07



VENDETTA VIXEN #55



Z KRAKEN #81

## AUTOGRAPHS



MEDCITY ROLLER DERBY STANDS FIRMLY AGAINST DISCRIMINATION, RACISM, TRANSPHOBIA, HOMOPHOBIA, AND ALL FORMS OF OPPRESSION. ROLLER DERBY HAS LONG BEEN A SPACE FOR EMPOWERMENT AND RESISTANCE, AND WE ARE DEDICATED TO ENSURING THAT EVERYONE—REGARDLESS OF RACE, GENDER IDENTITY, SEXUAL ORIENTATION, ABILITY, OR BACKGROUND—FEELS VALUED, SUPPORTED, AND WELCOMED IN OUR LEAGUE.

# ROLLER DERBY BASICS

Two 15-skater teams play two 30-minute periods. Each period consists of multiple "jams." Each jam is an opportunity for both teams to score points, and ends after 2 minutes or when the Lead Jammer calls off the jam.

It is legal for a skater to block opponents with their hips, rear, and shoulders. It is not legal to block to the back, to trip, elbow, or to back talk officials. Players committing illegal actions are penalized 30 seconds and their team plays short for that time.



## JAMMER

Jammers wear a star on their helmets and are the scoring players for each team. The Jammers attempt to pass the opponents as many times as possible by sprinting around the track and lapping the pack.



## BLOCKER

The Blockers are simultaneously focused on stopping the opposing Jammer from passing them and assisting their Jammer to pass the opposing team's Blockers. The pack is formed by the largest group of Blockers with players from each team on the track.



## PIVOT

The Pivot is the Blocker that wears the stripe on their head. They are the only Blocker that is allowed to accept a star pass from the Jammer, thus becoming the new Jammer and gaining the ability to score points.

## JAM START

Each team fields 4 Blockers and 1 Jammer. Blockers start anywhere between the Jammer Line and the Pivot Line, 30 feet (9.15 meters) away. Jammers start behind the Jammer Line. Play starts with a single whistle blast.

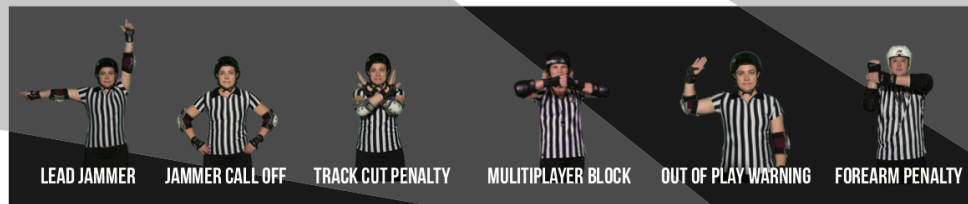
## FIRST PASS

During the first pass, the first Jammer to pass all skaters in the pack legally is Lead Jammer. Lead Jammer status is signaled by the officials blowing two short whistle blasts and pointing at the Lead Jammer.

## SECOND PASS

In subsequent passes, Jammers earn 1 point for each opposing player they pass legally. The opposing Blockers will try to stop the Jammer, while helping their own Jammer through the pack.

## KEY OFFICIATING SIGNALS



LEAD JAMMER

JAMMER CALL OFF

TRACK CUT PENALTY

MULTIPLAYER BLOCK

OUT OF PLAY WARNING

FOREARM PENALTY

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## ABOUT WFTDA

The Women's Flat Track Derby Association (WFTDA) is the international governing body of roller derby representing more than 450 member leagues on 6 continents. The mission of the WFTDA is to govern and promote the sport of flat track roller derby and revolutionize the role of women in sports through the collective voice of its member leagues around the world. The WFTDA sets the international standards for rankings, rules, and competition each year and provides guidance and resources to the sport of flat track derby.

[WFTDA.COM/NEW](http://WFTDA.COM/NEW)





# POWER JAM

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**kww** KELLERWILLIAMS.  
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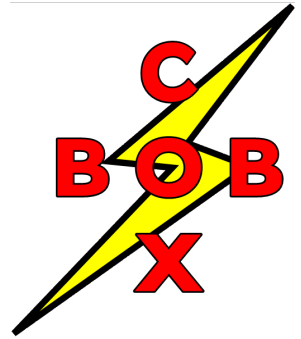
MULTIPLE LISTING SERVICE  
**MLS**



(ALL OFFICES ARE INDEPENDENTLY OWNED AND OPERATED)

# LEAD JAMMER

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# LEAD JAMMER

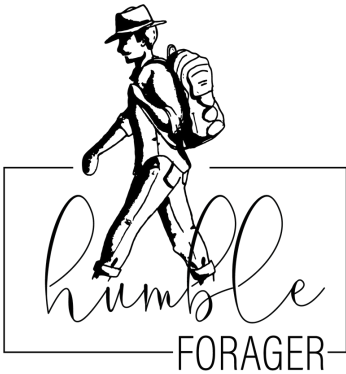
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Sponsors of the  
March 22  
half-time show!



# POST GAME

FOOD



# BLOCKER

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David R. Borchardt  
Attorney at Law  
(507) 451-5440



## PROGRAM

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# ALERUS



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**Jack B Nimble #6**  
**Nitro Glitterin' #12**  
**Arm & Slam'er #17**  
**The Euthanizer #18**  
**Bridge Breaker #22**  
**Claire Bear #41**

**Rolling Dirty #66**  
**Lolly Pop Ya #99**  
**Crystal Ice #273**  
**Lilo & Stitches #626**  
**Elevator Music #837**  
**Tijuana Slammer #3213**

# GIVING BACK TO THE COMMUNITY

## A PORTION OF TONIGHT'S MERCH PROCEEDS WILL BENEFIT...

Midwestern Rewilding aims to naturalize areas around Rochester, MN with their native plants project.

You can support their mission through planting native flowers, sharing the importance of diverse ecosystems, and attending when they have an event.

Learn about native plants of Minnesota, and find information about seed packets and more on their website:

[midwesternrewilding.org](http://midwesternrewilding.org).



## THE OFFICIALS



**Hey, look! Another LEAD JAMMER sponsor!**



**Our home games and season are only possible thanks to our amazing sponsors. If you want to learn more about partnering with MedCity Roller Derby for our 2026 season, please ask a skater today!**

